



What Is Healing?

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What is it?

Healing is an ancient and sacred practice now updated to become a state of the art complementary therapy. It's non invasive, very relaxing and supports you on all levels of being - Mind, Body, & Spirit.

I usually invite my clients to lay down on a therapy couch but it can also be done seated. Hands are placed on or around the body's chakra points and intention and love is directed for the highest good of the patient.

How Does It Work?

During a Healing treatment a Healer attunes to the Source of Healing, the very Source of Life itself, acting as a transmitter of that energy to you. Your body's innate intelligence will utilise this energy in the perfect way, just as it utilises food to send the exact nutrients to where they're needed. In this way, gently, and in your body's own time, your whole system is rebalanced and restored to health.



Will Healing Cure Me?

Healers can never promise a cure. The process of Healing is unique to every being. What we do know is that Healing, like water, follows the path of least resistance. Consequently, everyone's Healing journey is individual.

If a Healer does promise a cure, you should probably look elsewhere for another practitioner. Preferably one trained by The Healing Trust, UK Healers, Surrey Healers, White Eagle Lodge or Harry Edwards Foundation.



The Difference Between Reiki & Healing

From a casual onlooker's point of view, there won't appear to be much difference at all. The main differences are in the training, and the approach. Healers are taught how to attune directly with the Source of Healing and to allow that energy to flow directly from that Source. Reiki Healers on the other hand are attuned or 'initiated' via their teacher, known as a 'Reiki Master', who installs various etheric symbols into their energy field through which the healing energy flows to the recipient. Healers must have been through a two-year training, and spiritual development programme in order to be registered. I am trained in both.

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